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# Connaught Public School

**September 2018**

Welcome to the new school year!

## **New Simcoe County District School Board website launched this summer**

Visit [www.scdsb.on.ca](http://www.scdsb.on.ca) to check out our brand new look! Our new website launched in July, providing users with an accessible experience that is mobile-friendly – it works well whether you're on a desktop computer, mobile phone or tablet. The new website also has improved search functionality and a special *SCDSBshines* section to highlight and celebrate the amazing accomplishments of our staff.

## **SCDSB Community Apps portal makes volunteering easy**

We appreciate the commitment of all who volunteer at our school. This school year, we are implementing a new online Volunteer Portal. SCDSB Community Apps is a new online portal that allows you to begin the process for volunteering at a SCDSB school. The portal eliminates much of the paperwork currently associated with volunteers. Volunteer applications and approvals will occur online. The new mandate for Accessibility for Ontarians with Disabilities Act (AODA) training, for volunteers, is also part of the portal. The Volunteer Portal is available for all new people requesting to volunteer at a school location: <http://communityapps.scdsb.on.ca>. Only new volunteers or those who require an updated Criminal Background Check Vulnerable Sector Screening (CBC-VSS) are able to register on the portal at this time.

## **Keep connected with our school and with the SCDSB**

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section
- You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click Subscribe, a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive Simcoe County District School Board (SCDSB) media releases by clicking the 'Subscribe' button at [www.scdsb.on.ca](http://www.scdsb.on.ca). The SCDSB Education Centre can be reached at 705-734-6363.
- Follow the SCDSB on Twitter (@SCDSB\_Schools), Facebook ([facebook.com/SCDSB](https://facebook.com/SCDSB)) and Instagram ([instagram.com/scdsb](https://instagram.com/scdsb))

For school bus transportation information, visit the Simcoe County Student Transportation Consortium's website at: [main.simcoecountyschoolbus.ca](http://main.simcoecountyschoolbus.ca). Also, remember to bookmark the school bus information page at: [simcoecountyschoolbus.ca](http://simcoecountyschoolbus.ca) for bus delay and cancellation information on inclement weather days.

## Procedures help keep our school safe

The safety and well-being of students is our top priority. We have a number of procedures in place to keep our school safe. You can help your child understand and feel safe by:

- talking to them about the situations below
- reminding them that emergencies are rare
- telling them it's important to follow staff instructions in these situations

Parents should talk about the following emergency drills with their children:

- **Shelter in place** is used when there is an environmental or weather-related situation, like a chemical spill outside the building, or a major storm. Activities continue inside the school. Students and staff are not allowed to leave the building. The ventilation system may be shut off.
- A **hold and secure** is used when there is a situation in the community, not related to the school, like a bank robbery nearby. Activities continue, but all exterior doors are locked. No one is allowed to enter or exit the school.
- A **lockdown** is used when there is a major incident or a threat of violence related to the school. Students and staff move to secure areas, away from doors and windows. Interior doors are locked, lights are shut off and blinds are drawn. Students and staff remain quiet. We practice lockdown drills at least two times per year. In the unlikely event of an actual lockdown situation, police ask that parents do not go to the school. Information will be communicated through the school board social media sites ([www.facebook.com/SCDSB](http://www.facebook.com/SCDSB) and [www.twitter.com/SCDSB\\_Schools](http://www.twitter.com/SCDSB_Schools)) and website ([www.scdsb.on.ca](http://www.scdsb.on.ca)), through local police and local media.
- All schools have **evacuation plans** in case of gas leaks, bomb threats or fire incidents that would require everyone to leave the school. We hold drills to practice our evacuation plan. In a real evacuation, students and staff may go to the evacuation site, depending on the situation. Parents will be informed about pick-up procedures by the school, school board and local media.
- Elementary school main doors are locked during the school day. Visitors must use the **intercom system** to enter the building. **Staff may not be available to answer the door immediately, please be patient.** All visitors, including school volunteers, are required to **sign in** at the school office and wear **visitor identification**.
- Staff and volunteers must complete a **criminal record check** before having contact with students.
- We ask parents to contact us when their child will be absent from school as part of our **Safe Arrival** program. When we don't hear from a parent/guardian and a student is absent, we will call home to find out the reason for the absence.
- At least two staff members in every school are trained in **first aid and CPR**. All SCDSB schools **have Automated External Defibrillators (AEDs)**.

When parents are at school during a drill or emergency event, they must follow direction from school staff, police, fire and/or emergency personnel. Parents may not have immediate access to their children during drills or emergencies. They may need to wait until the situation is resolved and school staff and/or emergency personnel release students into parent care.

It's important for you to know we'll always take whatever precautions are necessary to keep our school and students safe.

## Student dress code

Students are expected to respect the guidelines when dressing for school. Our school is a safe space. We work to be equitable and inclusive, and understand that students may choose to express themselves through their clothing choices. Student clothing cannot pose a safety concern or conceal identity. Exceptions are granted to students who wear head coverings or other garments/objects for the purposes

of religious observance, medical or sensory needs, or other reasons protected by the Ontario Human Rights Code.

The SCDSB dress code is available in the student agenda and online at [www.scdsb.on.ca](http://www.scdsb.on.ca). If you have questions about the dress code, you can contact the principal or the SCDSB Equity and Inclusion Education Team at 705-728-7570.

### **Register now for free International and Indigenous Language Programs**

The SCDSB offers children in Grades 1 to 8 an opportunity to learn and/or maintain a language other than French or English. Whether you enrol your children in this program to learn a new language, understand a new culture or to extend their knowledge of their first or second language, every student can benefit from this program. The Barrie Learning Centre (Bayfield Mall) offers Arabic, Farsi, Korean, Mandarin, Ojibwe, Russian, Spanish, Ukrainian and Urdu. The Bradford Learning Centre (157 Holland St. E, Suite 200) offers Arabic, Dari, Farsi, Mandarin, Russian, Spanish, Tamil, Ukrainian, Urdu and Vietnamese. The classes take place Saturday mornings, 9 to 11:30 a.m. starting Sept. 15 (classes are dependent on student enrollment). There is no charge for this program. Most classes fill quickly on a first come, first served basis. Register your child by visiting [www.thelearningcentres.com](http://www.thelearningcentres.com) and clicking on 'Elementary Student.

### **Pay for field trips, lunch days, etc. with SchoolCash Online**

We have made it easy for parents to make their school purchases from the convenience of their own home. Whether it's lunch days, field trips or school wear, we have it online for you!\* Follow these three steps to get started:

1. Go to [simcoecounty.schoolcashionline.com](http://simcoecounty.schoolcashionline.com) or visit our school website and click on "Pay Fees"
2. Register and add your child to the newly created account
3. View and purchase items through bank transfer or credit card

\* Pizza and milk coupons will be available. Contact Mrs. Boyd in the office for your child's student number to register.

### **Student Accident Insurance information for this school year**

Student injuries at school, during school events, and extra-curricular activities (athletics, clubs, and out-of-province/out-of-country trips) are not covered by the board or its insurance company. While every precaution is taken to provide a safe learning environment, accidents can and do happen. The SCDSB has selected the Insure my Kids program through Old Republic Canada as an option for students/parents/guardians to consider. This insurance offers a variety of plans and benefits at reasonable annual prices. Coverage can be purchased online at [www.insuremykids.com](http://www.insuremykids.com). Participation in extra-curricular activities (athletics, clubs) or out-of-province/out-of-country trips requires the purchase of this insurance, or other extended health and dental coverage. Student accident insurance packages will be sent home with students.

### **Parent Portal gives parents real-time access to attendance, grade information**

The SCDSB Parent Portal is a secure online tool that provides parents/guardians (of students less than 18 years of age) with quick access to their children's attendance and grades and includes the option to sign up for email notifications. To access the Parent Portal, parents/guardians will need their child's SCDSB Pupil ID Number, which can be found on the Student Information Verification Form, as well as an Access ID. The Access ID will be provided in a sealed letter this fall with instructions on how to create an account. If you lose the Access ID, you can visit us in the school office and we'll provide it to you after verifying your identity.

### **Ideas for packing healthy school lunches**

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind:

- Include one serving from at least three of the four food groups from Canada's Food Guide.
- Rather than buying pre-made lunch kits, make your own healthy "lunch kit" with divided containers and small bite-sized cheese cubes, left over chicken chunks, veggie sticks or fruit slices.
- Get your kids to eat more veggies - send cucumber coins, zucchini sticks and pepper strips with dip.
- Fill whole wheat or multigrain wrap/pita/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with honey mustard.
- Don't have them drink their fruit - send water instead.

For more information to keep you and your family healthy, visit [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org) or call *Health Connection* at 705-721-7520 or 1-877-721-7520.

### **Stressful mornings sound familiar? Here's how to get organized and out the door on time**

Try these tips to help get the whole family out the door on time:

1. Plan ahead: pack lunches and pick out clothes the night before.
2. Go to bed at a reasonable hour so you wake up rested and ready for the day.
3. Wake up and get yourself ready, before your child.
4. Keep the TV and electronics off. These can be disruptive first thing in the morning.
5. Give clear instructions and be realistic about what your child can do for themselves. Praise them when they do something well to help them learn new skills.

Finally, remember to have patience. Your child learns from watching you! In time your child will learn to plan ahead, be organized, and develop patience too. For more tips, visit [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org) or [www.triplep-parenting.ca](http://www.triplep-parenting.ca)

*Information provided by the Simcoe Muskoka District Health Unit*

### **Don't stress! Back to school mental health tips**

It's the start of a new school year and students need to get back into the swing of things! While a new school year can be exciting, it can also cause stress and anxiety. The Canadian Mental Health Association (CMHA) suggests maintaining positive mental health during this seasonal shift with the following strategies:

- Take care of your body – mental and physical health are fundamentally linked. Make sure to get enough sleep, drink water, eat well and exercise.
- Build resiliency – resiliency means coping well with problems, stress, and other difficult situations. Set aside time to think about the resiliency tools available to you and your child, such as structured problem-solving skills or resources that can help out during difficult situations.
- Reach out for support – offering love, acceptance and sense of safety is important but so is providing resources outside of the home to support our youth in times of crisis. Some useful resources include New Path, YMCA of Simcoe/Muskoka, CMHA, Simcoe Muskoka Family

Connexions, and the Kids Help Phone.

To learn more about the YMCA of Simcoe/Muskoka community youth programs and support, visit [www.ymcaofsimcoemuskoka.ca](http://www.ymcaofsimcoemuskoka.ca).

Information provided by the YMCA of Simcoe/Muskoka ([www.ymcaofsimcoemuskoka.ca](http://www.ymcaofsimcoemuskoka.ca))

## School Day Schedule for Connaught P.S.

8:40 a.m.	Yard Supervision Begins
8:55 a.m.	Entry Bell
10:35 – 10:55 a.m.	Nutrition Break
10:55 – 11:15 a.m.	Outdoor Break
12:55 – 1:15 p.m.	Nutrition Break
1:15 – 1:35 p.m.	Outdoor Break
3:10 p.m.	Bus Bell
3:15 p.m.	Dismissal for Walkers

### Note:

- Office is open from 8:00 a.m. to 4:00 p.m.
- Students should not arrive at school prior to 8:40 a.m.
- All food purchased off school property should be eaten off property.

### Important Messages from the School Office

- **CHANGE** cannot be made in the office. Please ensure you send exact change with your child.
- **DO NOT** tape money to permission or order forms. Kindly put the money and respective form in a baggie, or envelope with the child's name written on the envelope.
- If paying by cheque for any school related function, the cheque must be for 1 item or activity only. If you are unsure when writing a cheque, please call the school office.
- When purchasing milk or pizza coupons on-line with SchoolCash, please print off a copy of the receipt and bring to the office to pick up the coupons.
- **ALL CHANGES TO PERSONAL INFORMATION** e.g. phone, address, contact information, must be in writing to the office indicating the child's name the change/s refer to, duly dated and signed. The office must have 2 business days to make the change/s.
- **LATE students** must sign in at the office if they arrive after the school bell at 8:55 a.m.
- **VISITORS/PARENTS** entering the school must come directly to the office and sign in, and sign out when leaving.

Should you have any questions, please contact Chris Boyd, our school secretary at 705-445-1241 and press 0 for the office.

## September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3</b> Labour Day	4 First day of school. Assembly at 11:20	5 Walk and Wheel Wednesday	6 First day of school for Junior Kindergarten	7	8
9	10	11	12 Walk and Wheel Wednesday	13	14	15
16	17	18 School Council 6pm	19 Walk and Wheel Wednesday	20 First Pizza Day	21	22
23	24	25	26 Walk and Wheel Wednesday	27 Meet the Teacher Night 5 – 7pm	28	29
30						