



Connaught Public School

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April						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Gr. 6 Trip Springwater Gr. 7/8 Muskoka Woods International Day of Pink	11 Gr. 5 Trip Springwater Gr. 7/8 Muskoka Woods	12 Gr. 7/8 Muskoka Woods	13
14	15	16 Wacky Tacky Spriit Day	17	18 Gr. 7 Vaccinations	19 Good Friday Holiday	20
21	22 Easter Monday Holiday	23	24	25	26 MacMillan's Orders Are Due	27
28	29	30				

Parking at Connaught P.S.

Parking is an ongoing challenge at most elementary schools and we appreciate everyone's patience and cooperation in ensuring that all of our students arrive and depart safely from school. Please respect the pylons that restrict access to the front entrance during bus pick up and drop off times as well as the pylons that prevent cars from being parked on the large sidewalk area on the south side of the school. If you are dropping of your child during a peak time, consider using the side access to the school on Erie Street.



Connaught Public School

MacMillan's Fundraiser

The MacMillan's fundraiser is a great way to feed your family while supporting Connaught P.S.! Orders are due by April 26th, with an expected delivery date of May 16th at Connaught P.S.

Register now for summer child care

The Simcoe County District School Board (SCDSB) works in partnership with child care operators to provide summer child care programs for children from Junior Kindergarten age to 12 years of age in select schools across Simcoe County. More information can be found on our website at www.scdsb.on.ca – click on 'Elementary' then 'Planning for School' then 'Childcare (Before & After)'. Please contact the child care operator directly for inquiries and registration. School locations of programs will be available in May.

School's in for summer at the SCDSB

Are you and your child planning their courses for next school year? Looking for a way to create flexibility in their timetable and earn a credit? Consider summer school – registration is open!

Each year, the SCDSB offers a variety of summer programs to over 2,000 students. Summer school options include open, college and university level courses from Grades 9 to 12. Courses are offered in-person or online. Interested students can also travel and earn credits with the summer EduTravel program.

Summer school program details can be found on the Learning Centres website at www.learningcentres.com. Current SCDSB students should speak to their guidance counsellor for information and to register.

Parents are invited to information session about special education

The SCDSB is hosting a series of information sessions for parents and guardians to learn about special education in the SCDSB, and how to support students with special education needs. The next session is:

Applied Behaviour Analysis (ABA): What is it?
Thursday, April 25 from 7 to 8:30 p.m.
SCDSB Education Centre, 1170 Hwy. 26 West in Midhurst

For those who can't attend in person, the session is also offered online through Google Meet. Registration is required. Details are available at www.scdsb.on.ca/elementary/special_education.

Helping students stay safe online

The Internet is a wonderful research, homework and communication tool for children. It can also present a host of risks. When you talk to your children about online safety, you help prepare them for the dangers they might encounter online. Here are some cyber-safety tips that can help to ensure a positive online experience for your children:

- put the family computer in a visible space in the home



Connaught Public School

- inform your children about the dangers of sharing personal information online
- install software that limits the websites your children can visit
- set a clear limit on daily Internet time
- keep devices, like smartphones and tablets, out of bedrooms

School bus evacuation training takes place April 1 to 5

The Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, is offering school bus evacuation training to all home-to-school transported students the week of April 1 to 5. During this week, school bus drivers will educate students on how to evacuate a school bus safely in an emergency. The SCSTC would like to remind all drivers to be extra cautious near school buses and in school bus loading and unloading zones. For more information or if you have questions, visit main.simcoecountyschoolbus.ca/.

Identifying school-sponsored trips

All field trip information will be sent home on school and/or SCDSB letterhead. This is the best way for parents/guardians to identify supervised and approved trips. There may have been times when community or external groups organized trips that have been mistaken for school-sponsored field trips. Parents would be notified of individual circumstances if the school is aware that an external trip is being planned. When in doubt about any trip, ask questions of the organizers, including “Who is sponsoring or in charge of this trip?”, “Who will be supervising?” and “What are their qualifications?” You can also contact the school if you have any questions about a trip you see advertised that you think may not be school-sanctioned.

Please turn off your car while you wait

Parents and guardians are reminded to please turn your engine off when dropping off or picking up your child(ren) from school. Idling cars release exhaust that is harmful to the environment, our health and the health of our students. It's good to get into the habit of turning your car off any time you're stopped and in park for more than 60 seconds. Thank you for doing your part to keep our kids and our environment healthy! For more information to keep you and your family healthy, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520.

Information provided by the Simcoe Muskoka District Health Unit



Entering Grade 9 next year? Get a step ahead with summer school!

Attention graduating Grade 8 students! Did you know you can earn a high school credit before you start Grade 9? Students entering Grade 9 are eligible to reach ahead and take Civics and Career Studies online during the month of July. Simply download and complete the Summer School registration form from www.thelearningcentres.com, have your principal sign the front and drop it off at your local Learning Centre. Grade 8 grads are also eligible to reach ahead and take part in Civics and Careers or Canadian Geography EduTravel courses. Registration information for these programs can also be found on The Learning Centres website.

Stress: Our kids get it too!

Kids have stress, just like us. Stress is a normal part of life, but our bodies are only made to handle it for short amounts of time. Continued stress can cause feelings of pressure, anxiety and tiredness. It can make it hard for kids to focus in school, and can cause them to become sick, get lower grades or make unhealthy choices. It's easy to mistake signs of stress for bad behaviour. You can help your kids learn to manage stress by staying calm, showing love and talking openly about their feelings. Encourage them to try calming activities like deep breathing or doing something active. If the stress continues, be sure talk to your family doctor or health care provider. To speak with a public health nurse, contact Health Connection at 705-721-7520 or 1-877-721-7520, or for more information, visit the health unit website at www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

YMCA Healthy Kids Day taking place on April 29

YMCAs across Canada are celebrating Healthy Kids Day on Sunday, April 28. It's a national day dedicated to improving the health and well-being of kids. In the spirit of this exciting day, the YMCA of Simcoe/Muskoka shared these tips to help your family get active, eat more nutritiously and build stronger bonds:

- Aim for 60 minutes of moderate, fun, physical activity every day (it can be spread out into periods of 10-15 minutes each). Make sure to include outdoor activities whenever possible. Participate with your kids in regular physical activities. When you're active with your kids, it sends them an important message about healthy living!
- Serve fruits and vegetables at every snack and meal, and make water the primary drink option. Eat at least one meal per day as a family, and involve kids in healthy snack and meal preparation.
- Limit screen time to less than two hours per day and aim to have screens off during meals together. Encourage outdoor play as much as possible and keep TVs and computers out of your child's bedroom.

Join the YMCA of Simcoe/Muskoka on Healthy Kids Day and learn about healthy habits, connect with other parents and get the whole family active together under one roof. For more information, please visit: www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka



Connaught Public School